

Goodbye to Junk Food

Date: 30th June,2025

Venue: Sir V.D.T Girls' high school self-financed

The Elocution Competition on the theme 'Goodbye to Junk Food' under obesity free campaign of Gujarat secondary and Higher Secondary education Board was held on 30/06/2025 in Sir V.D.T Girls' High School Self-financed, aiming to raise awareness about the harmful effects of junk food and promote healthy eating habits among students.

A total of 24 students from 11 and 12 classes enthusiastically participated in this competition, delivering powerful and thought-provoking speeches.

Participants eloquently spoke about the dangers of consuming processed and unhealthy foods, including obesity, diabetes, and heart diseases. Many highlighted the benefits of switching to natural, home-cooked meals and maintaining a balanced diet. The audience was impressed by the confidence, clarity, and depth of research displayed by the speakers.

The judging panel included Priti Ma'am, Thakor Yogeshsir for Gujarati & Hindi languages and Philomina ma'am, Hiral ma'am for English language evaluated the participants based on content, delivery, pronunciation, and overall impact. After a tough deliberation, the winners were announced:

The following name of winners :

1st Place –

Janvi PankajKumar Purohit 11 -M.(Eng)

Jyoti Prahlad Sharma. 11-E (Hin)

2nd Place –

Shreya Sheetal Prasad Tiwari 11-J (Eng)

Mahi Riteshbhai Korat 11-M (Guj)

3rd Place –

Bhumi Rakesh Shah 11-J (Eng)

Hetalkumar Arjunsingh Rao 11 M (Hin)

Under the guidance of Principal **Dr. Jigisha Parekh**, Sir V.D.T Girls' High School self-finance, this competition was arranged by **Chaitali Desai**, **Smita Deshmukh**.