

## **Session on Personal Grooming and Motivation**

The session on Personal Grooming and Motivation was conducted by the Managing Director, Lobelia and Principal, VVWI, - Ms. Miriam Mathew wherein she focused on what, why and how of Personal Grooming. This was supported by a few tips given to students that can help them in their daily life. The life experiences shared by Ms.Mathew made the session motivational and interesting in the true sense of the term. **A small demonstration on how one can look presentable was well received by students.** I am sure that students have felt motivated and taken this whole learning experience positively.